

# YOUTH ENERGY CONSERVATION CHALLENGE

**FUN PRIZES**  
**PIZZA PARTIES**  
**SAVE ENERGY**

**STUDENT REGISTRATION PACKAGE**



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# THE CHALLENGE:

**SAVE ENERGY!** We all win when we conserve (save) energy, but your school will win big if the total energy saved by all participating students is greater than the other schools participating in the challenge.

**It's easy. Save energy at home and track your progress. That's it! Let's get started!**

1. Review the Energy Conservation Quiz with your family.
2. Choose the 5 actions you can take to improve your score.
3. Discuss how you will complete and support your 5 actions.
4. Ask each member of your family to sign the pledge.
5. Post it on your refrigerator or another visible spot in your home to remind your family of your choice to save energy.
6. Review your electric bill each month and see how much you have reduced your energy use by comparing it to previous months.
7. Sign up for a home energy assessment through your local electric utility company.

## TAKE THE QUIZ:

Circle one answer for each question and add up your points to see your score.

- 1. When I leave the room, I turn the lights off.**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 2. I turn off or unplug the TV, CD player, computers and other appliances when no one is using them.**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 3. We recycle in our household (metal, plastic, glass, cardboard, and paper).**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 4. I use fans to help cool my home during the summer.**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 5. We recycle in our school (metal, plastic, glass, cardboard, and paper).**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 6. When it is cold outside, I put a sweater on to help stay warm instead of turning the heat up past 68 degrees.**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 7. At home, we wash our clothes in cold water instead of warm or hot water.**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 8. I decide what to eat before I open the refrigerator door and close the door quickly once I get what I need.**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 9. I close the windows and doors when the heat or air-conditioning is on.**  
 1 - Never  
 2 - Sometimes  
 3 - Always
- 10. My family uses low watt CFL bulbs in our home.**  
 1 - Never  
 2 - Sometimes  
 3 - Always

**MY SCORE:**

Add up your score. A score of 30 is a perfect score and you are on the way to becoming a master Green Eco Warrior! Think about it. How can you change your behavior to become a Green Eco Warrior?



**GREEN ECO**



**WARRIORS**

Return this form to your teacher and they will give you more details about what's coming next month.

